

Femoral Osteotomy

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Indications:

Hip Dysplasia

Femoral anteversion causing intoing



Excessive femoral anteversion:

At birth, the femur has a normal twist of approximately 40 degrees. By age 8-10, this has untwisted to the adult normal of 10-15 degrees. In some children, especially those who are loose jointed or ligamentously lax, this untwisting does not occur.

This can be a cause of excessive intoing, tripping and falling, hip or knee pain. In cases where this is a cause of poor function or persistent discomfort, we offer surgical correction.

Such patients generally walk with abnormal internal foot positioning:



On examination, hips internally rotate to an extreme degree while rotation externally is limited.



Such surgery is highly successful in normalizing a person's walking ability and appearance.

